Category (科目区分)	Cluster of Pathology and Pathology System		
Course Title (授業科目名)	Oriental Medicine/practice		
Instructors (担当者名)	Hajime Nakae	Academic Year (配当年次)	1st and 2nd grade
Required Course / Elective Course (必修/選択)	Elective course	Credits (単位数)	1
Class Format (授業形態)	Webclass (on demand)		
Schedule (開講期間)	December, 2025 to March, 2026. Correspond with registerers through e-mail		
Class Date/Period (開講曜日 • 時間)	Correspond with registerers through e-mail		

Course Outline/ Course Objectives (授業の概要・到達目標)

Objective

Learn about oriental medicine

Learning goal

Explain the indication of principal Kampo medicine and its pharmacological action. Perform acupuncture and moxibustion therapy.

Outline

Western medicine is scientific and based on evidence. Oriental medicine on the other hand places primary importance on the constitution and characters of individual patients. Moreover, it is holisctic medicine wherein mind and body are regarded as unified; the aim of oriental medicine is harmonization of the disordered whole individual. The quality of treatment strategies may improve by utilizing every available medical resource and practice such as Western medicine and Oriental.

Course Planning (授業計画)

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	Course Outline/ Course Objectives(授業の概要及び到達目標) (Contents of Class) ((授業内容))	<mark>Instructor</mark> (担当教員名)	Department (講座名) Class Room [実施場所]		
1	Learn about Oriental medicine in the context of modern medicine. (general introduction to Oriental medicine)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
2	Learn and perform acupuncture and moxibustion. (Acupuncture and moxibustion)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
3	Learn about formulations of crude drugs (Materia medica)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
4	Learn about application of Kampo in acute medicne. (Acute medicine and Kampo)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
5	Explain adverse events in Kampo prescriptions (Adverse events in Kampo)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
6	Learn about applying Kampo medicne to psychiatric disorders. (Psychiatric disorders and Kampo)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
7	Learn about pharmacological studies of Kampomedicine. (Basic study in Kampo)	Hajime Nakae (Professor)	Emergency and Critical Care Medicine (online)		
8	Learn about clinical studies of Kampo medicine. (Clinical study in Kampo)	Yasuhito Irie (Part-time Lecturer)	Seirei Yokohama Hospital (online)		
9	Learn about application of Kampo in pediatrics. (Pediatrics and Kampo)	Yasuhito Irie (Part-time Lecturer)	Seirei Yokohama Hospital (online)		
10	Learn about application of Kampo in gynecologic disorders (Gynecologic disorders and Kampo)	Hidenori Tanaka (Part-time Lecturer)	Onoba Tanaka Ladies Clinic (online)		

Grading Criteria (成績評価の基準と方法)

Attendance, Case presentation

Contact Information (問い合わせ先(氏名, メールアドレス等))

Name:Hajime Nakae / E-mail:nakaeh@doc.med.akita-u.ac.jp

Comment (その他特記事項)

A schedule can be adjusted in consideration of the working conditions.

Paper handouts will be provided. They are available to download from the WebClass.

Reference: Kampo mannual in acute medicine.

Study in advance according to the contents of the class.